



**The Prevention Council offers 3 different education classes.** The classes are designed primarily for teens and young adults involved in the criminal justice system or students in violation of school and athletic codes of conduct. Classes are open to all and appropriate for anyone wanting a better understanding of the use of alcohol and other substances in one's life.



Getting good solid information about how substances affect him personally has allowed my 16 year old to make better choices. Thank you.

– **Parent**



I expected to be lectured at and bored with the same old, same old but I actually learned a lot.

– **Student, age 16**



I liked that I wasn't told what to believe but was given decent information, real facts, not scare tactics.

– **Student, age 17**



## **The PREVENTION COUNCIL**

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Visit us at [preventioncouncil.org](http://preventioncouncil.org) to learn more!



@PrevCouncil



The Prevention Council  
of Saratoga County

Do you have young offenders who would benefit from an alcohol & substance abuse education class?

**The Prevention Council can help.**



### **We offer:**

- Risk & Responsibility Class
- Alcohol and Substance Abuse Class
- Choices



**The PREVENTION COUNCIL**

*Helping youth navigate life's challenges*



## Risk and Responsibility Class

Youth ages 16-21

(can accept a 15 year old)

**Offered the 3rd Thursday of each month 6-8 p.m.**

*(no class in August or December)*

**Fee: \$25**

**This one session class is designed to help youth and young adults understand:**

- The risks and consequences of their actions.
- Taking responsibility for one's own actions, how those behaviors may affect others.
- Goal setting and commitment skills
- A basic understanding of how alcohol and other drugs impact decision making.
- Current laws regarding underage drinking, other drugs and DWI/DWAI/Zero Tolerance.

**Who might benefit from this class:**

- First time offenders, particularly alcohol or drug related, petit larceny or gambling offenses.
- Youth experimenting with substances.
- Students in violation of school codes of conduct.

## Alcohol and Substance Abuse Class (ASAEC)

Youth ages 16-21 (can accept a 15 year old)

**Offered 5-6 times a year on Monday evenings 6-8 p.m.**

**Fee: \$100**

This six week course covers basic information on most drugs of abuse with an emphasis on alcohol, marijuana and opioids. Participants will receive accurate information about substances, the laws and consequences of use, how these chemicals affect the body, particularly the brain and the impact chemicals may have in their personal development and future choices. It covers in depth the information presented in the Risk and Responsibility class.

**The class utilizes:**

- Discussion
- Guest Speakers on topics such as domestic violence, the impact of DWI, and the legal system.
- Videos
- Interactive presentations

**This class is appropriate for youth:**

- Needing a current understanding of substance use and abuse.
- Youth charged with any alcohol or drug related offenses including but not limited to:
  - Underage use, unlawfully dealing with a minor, fake I.D. charges, intent to sell, disorderly conduct and any crimes or violations committed under the influence.
- Youth suspended from school or athletics.

## Choices

Young Adults ages 21-30

**Offered 1st Tuesday of the month, January, March, May, July, Sept and November.**

**Fee: \$35**

This class covers the same topics as the Risk and Responsibility class but geared for the young adult offender and will target areas of interest and need for this population.

**Participants will receive:**

- An understanding of how substance use impacts decisions and life goals.
- Up to date relevant information about alcohol and other drugs and related laws.
- What treatment programs are available and how to access these programs if needed.

**Why offer a class instead of an online program?**

- In a continuously changing field of research and laws, information is updated immediately.
- Participants can interact personally with instructor and other participants.
- Individual questions are answered.
- Class can be structured to meet the specific needs of the participants.

**Registration is required for all classes.**

You can register at: 518-581-1230, ext. 3628 or email: [Patty@preventioncouncil.org](mailto:Patty@preventioncouncil.org)

**Not sure which class is best? Contact Patty Kilgore at 518-581-1230 ext. 3628**