



ANNUAL REPORT 2022



Prevention Works.
Recovery Happens.

Together, we are making Saratoga County a healthy community!



OUR MISSION

Our mission is to provide education, information and referral services on the subjects of alcohol, tobacco, other drugs and violence prevention to individuals and local communities, thereby enhancing the quality of life for all citizens by diminishing the adverse effects of substance use and violence.

MESSAGE FROM THE EXECUTIVE DIRECTOR



Dear Friends,

I'm sometimes asked, "Is it disappointing to offer recovery services if you are dedicated to providing prevention?" Short answer, "No."

Prevention and Recovery are really two sides of the same coin.

People's lives are complicated, and we don't all begin at the same starting line in life. Many of us arrive in this world into a family or community with a greater chance of developing a variety of diseases. Studies have shown that there are four specific risk factors in someone's life which increase the chances for developing an addiction: a family history of addiction, childhood trauma, mental health issues before or during adolescence and early use of addictive substances or addictive behaviors.

The prevention curricula that we provide to elementary school students across the county are universal (appropriate for all children) and designed to instill responsible decisions, help kids identify and manage their emotions, teach effective communication skills, and promote peaceful conflict resolution techniques.

Over the 40 plus years that the Prevention Council has served Saratoga County we have consistently evolved and expanded our programs to address community needs. Research over the last several years has proven that people seeking treatment for addiction, like people living with other chronic diseases, engage well and have higher recovery rates with the support of peer delivered services. We opened our Healing Springs Recovery Community Center to provide this support. Healing Springs does not replace treatment or clinical and health-related services, our role is to support and assist people as they navigate the often challenging pathway towards a healthier life and recovery.

So if you toss a coin in the air... however it lands.. we'll be there.

Enjoy our 2022 Annual Report,

Janine Stuchin
Executive Director

Prevention Works.

Our team of prevention educators work in every school district in Saratoga County delivering nationally recognized programs including "Protecting You, Protecting Me" and "Too Good for Drugs." We hosted evening programs in the community to assist adults in better understanding drug use trends. "Right Under Your Nose" was a popular and interactive program we brought to many agencies and school staff in the area.

"Thank you SO MUCH for the bag of books you donated to our library! They will surely be used to spread **anti-bullying messages** in both households and classrooms! There are some great titles I have heard of in there, and also some ones that are new to me. I will be **promoting them to classes** in upcoming weeks!"

– Thanks again, Alyssa Whitcher Lake Ave Librarian



"Because of **all of the things you taught me** about drugs, I was able to teach my family."

– Pashley 5th grader

"I never knew any of these products existed, **this is eye opening.**"

– parent of a HS student



"Thank you for giving us such **important information** about drugs! It really helped me understand the harmful things that drugs can do to my body, while also teaching me a lot of interesting facts that **I will never forget.**"

– Pashley 5th grader

"Corinth Elementary School participated in the Saratoga County Prevention Council's **"Be a Buddy, Not a Bully"** poster contest last spring. As a sign of GRATITUDE, our school received a donation of books related to the topic!!! Thank you to the The Prevention Council of Saratoga County for modeling GRATITUDE for our CES students!!!"

– Corinth Central School District



Right Under Your Nose

"I see these clothes frequently, I **had no idea** they were advertising cannabis." - HS administrator

"**Now I know** how to look for stash compartments"
– school personnel



Recovery Happens.

We celebrated our 5th year providing recovery services! Every month we had nearly 1,220 visits to our Healing Springs Recovery Center. With a solid home base established at Healing Springs, we brought outreach services across Saratoga County reaching 8,279 individuals in Mechanicville, Corinth and Ballston Spa. Our Certified Recovery Advocates (CRPAs) brought programs and support groups to: Saratoga County Jail, Shelters of Saratoga (SOS), Saratoga County Addiction Services, RISE- Hedgerow House, Mechanicville Housing Authority and Saratoga County Drug Treatment Court.

We employ Certified Recovery Peer Advocates

What does a CRPA do?

Peer support services are an important part of the treatment and recovery process. Certified Recovery Peer Advocates (CRPAs) draw from personal experience with substance use, and professional training to provide non-clinical support services as identified in the patient's treatment or recovery plan. CPRAs may also help those in treatment/recovery in the development of recovery plans, effective coping habits, and life skills for navigating recovery.

Source: NYS OASAS



“ If you need help with Substance Abuse, Healing Springs is the place to go. They have helped me BIG TIME with Alcohol Abuse and they have so many other programs and references for addictions of all kinds. If you need help with any addictions, just call them or go there for a visit, like I did and that's how I got started. DON'T BE AFRAID TO SAY YOU NEED HELP !!! Awesome, accepting people ! ”

– John Druin

We provide sober, social activities!



From April through September we hosted 20 Serenity Saturday events – with over 350 individuals and families participating on Saturday afternoons with fishing along the Hudson River at Lock 5 in Schuylerville.

“Wow! Excellent beginning to this much needed class! Thank you so much!!”

– Parent participating in *Invitation To Change* led by Family Support Navigator



“I have learned so much during this past year and I trust that my family will benefit from it for many years to come. Most recently, my son was at a pivotal point and the support of everyone at Healing Springs and the training I have received have helped me, and my son, approach the choice point in a new way. And that has made such a difference!

Thank you for your organization and the efforts of all your people!

– A Grateful Mom



2022 ACCOMPLISHMENTS

By the Numbers

OVER 3,500 STUDENTS IN 11 DISTRICTS

ACROSS SARATOGA COUNTY received alcohol

and other drug prevention programs led by

Council educators. • **SADD CLUBS AT 12 HIGH**

SCHOOLS received Red Ribbon Kits from the Council to distribute at their school for Stop DWI awareness. • DWI Victim

Impact Panel programs reached **450 COURT MANDATED DWI/DWI OFFENDERS** in collaboration with Saratoga

County. • Student Assistance Counselors met with **OVER 225 STUDENTS SEEKING MENTAL HEALTH SUPPORT**

SERVICES during the school year. • **OVER 1,400 DETERRA DRUG DISPOSAL BAGS**

were distributed to households across Saratoga County. • **MORE THAN 700 YOUTH FROM**

13 ELEMENTARY SCHOOLS IN SARATOGA COUNTY participated in our "Be a Buddy, Not a

Bully" poster contest resulting in all participating schools receiving

anti-bullying books for their school library. • Last summer we

held Cool Out of School Camp programs at **4 TOWN CAMPS**

WITH 300 YOUTH AGES 5-13 participating. • Members and

guests attended **OVER 47 ADDICTION-RECOVERY**

GROUPS AND SOBER SOCIAL EVENTS at Healing Springs Recovery Center. • **317**

FAMILIES WERE ASSISTED BY OUR FAMILY SUPPORT NAVIGATORS in supporting their

loved ones from active addiction to recovery. • **41 FAMILIES PARTICIPATED** in *The*

Invitation to Change Family Series, a new program with strategies and insights for families

impacted by a loved one's addiction. • **NEARLY 550 INDIVIDUALS UTILIZED OUR CERTIFIED RECOVERY PEER**

ADVOCATE (CRPA) SERVICES to either begin, or further, their recovery from addiction. • Our CRPA, imbedded at Saratoga

County Jail, **ENGAGED WITH 261 INMATES** to discuss their recovery. **40**

INDIVIDUALS WERE TRANSFERRED TO A TREATMENT CENTER in place of

incarceration. Overall, **290 INDIVIDUALS RECEIVED REFERRALS** to addiction

related services post-incarceration. • In October, the 5th Annual Dan Provost

Memorial Walk was held at Gavin Park with **OVER 150 FRIENDS AND**

FAMILY OF THE PROVOSTS.

• **34 VOLUNTEERS PROVIDED 2,699 HOURS OF SERVICE** at

Healing Springs Recovery Center. • Throughout the year, **OVER**

310 NARCAN TRAININGS were held and **697 NARCAN KITS** were

distributed. • Our Street Outreach CRPA assisted **129 HOMELESS**

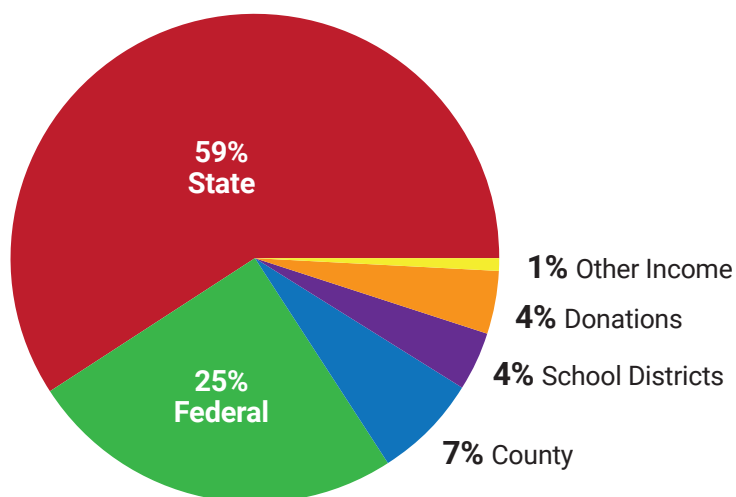
INDIVIDUALS in connecting with addiction treatment services.



2022 FINANCIALS

COUNTY	114,373.26
STATE	938,164.75
FEDERAL	391,600.96
SCHOOL DISTRICTS	67,500.00
DONATIONS	69,294.56
OTHER INCOME	7,152.72

TOTAL \$1,588,086.25



2022 DONORS

We are incredibly grateful to the many donors and program sponsors whose gifts enable us to innovate and sustain programs across Saratoga County. Many families have shared with us in their darkest moments of grief and we are honored to be a part of their family's remembrance.

We've made every effort to ensure all of our donors are acknowledged in this report. Please let us know if we've made an error. We appreciate your support and understanding.

\$16,000 +
Dan Provost 5th Annual Memorial Walk - Provost Friends & Family

\$3,000
Shelby Countermine Memorial Ride - Friends & Family

\$2,000
The Light Rain Foundation
Thomas I. Lange

\$1,500
James T. Burns Family Foundation, Inc.
Renegade Pigs Motorcycle Club - Saratoga Chapter

\$1,000
Anonymous
Ballston Spa National Bank
Edward Moslander
Friends and Family of Caitlin Gurney - Marathon for Uncle Andy
Rockefeller Capital Management
Wilcenski & Pleat PLLC

\$700
KB2YVI Corporation

\$600
Martin, Harding & Mazzoti, LLC

\$500
Annie Crowell & Steven Shultz
Jim & Miriam Davis-Doern
Pam Romeo Havens & Friends
Birthday Fundraiser on FB

Holocene Advisors
Ana Keefe
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\$300
Mimi Phillips

\$250
Robert & Linda Avallone
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Compassionate Funeral Care
DeMarco & Stone Funeral Home
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Pentkowski & Pastore
Saratoga Honda
Lisa & William Walbridge

\$200
Keirsa Chappell
Kimberly L Goodwin
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Tim Provost & Nurit Sonnenschein
David D Stores

Stanley R Thomas
Thomas Waring
\$150
Ballston Spa National Bank**
Alyson Chapman & Michael Orr
Circular Manor
Creative Office Systems
Curtis Lumber
R. Jamie Green, DDS
Town of Greenfield Lions Club
LUMAC Company
Laura Medeiros's Birthday Fundraiser on FB - Friends & Family
Saratoga National Bank
Andrea Zellan

\$100
Bagels & Bakes
Karen Heggen
Joseph Lomonaco
Susan Hayes-Masa
Linda McFarlane
Maureen McGrath
Robert & Jill Malczyk
Scott & Linda Oliver
Melissa & Mark Provost
David J Spina
Paul Tonko
Daniel & Patricia Testo

Sharon Turner
Edith Ward
Steven M. Warshaw
Kerri Weiskotten
Wever Petroleum
Jonathan Zellan
Up to \$100
Allerdice Building Supply
Baby Bumps
Cote Agency
Tina Davis
Mary Anne Flanders
Kathryn Hood
Andrew Jozefowicz
Kettlewell & Edwards LLC
Tara Kenney
Christina King-Marchese
Drs. Kline & Boyd Optometrists
Mimi Rayl
Ryan's Garage
Simply Yours
Meals & Market
SQH Quality Hardware
Janine Stuchin
Mary Wheeler
Barbara Zellan

We couldn't have done it without you!



Thank you to our Donors: Dan Provost Memorial Walk for Awareness & Recovery, Renegade Pigs Motorcycle Club – Saratoga Chapter and Ballston Spa National Bank



2023 BOARD OF DIRECTORS

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ADMINISTRATIVE OFFICE

125 High Rock Avenue
Saratoga Springs, NY 12866
518.581.1230 fax 518.581.1240

Visit us at preventioncouncil.org
to learn more!

HEALING SPRINGS RECOVERY & OUTREACH CENTER

125 High Rock Avenue
Saratoga Springs, NY 12866
(Rear Parking Lot, Blue Awning)

 @PrevCouncil

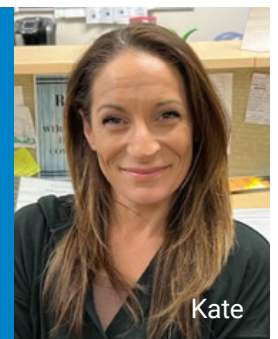
 The Prevention Council
of Saratoga County

We had two
wonderful interns
from Hudson
Valley Community
College in 2022.



Kelley

"It was an amazing experience to have the opportunity to intern with the staff at Healing Springs. The time I have spent learning to navigate the myriad pathways to recovery proved to be invaluable. The dedication and compassion displayed by the team is truly inspirational. Healing Springs is a valuable asset to the recovery community, and I am grateful to be a part of their family." - Kate



Kate