

# June 2026 Recovery Community Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>3p - 5p</b> – Reiki ** <b>3:30p</b> – Recovery Writing <b>5:30p</b> – OA <b>6:30p</b> – Refuge Recovery	<b>2</b> <b>9a - 12/ 1p - 4p</b> – Reiki ** <b>2p</b> – All Recovery <b>6p</b> – CoDA <b>7p</b> – NA (Invitation to Live)	<b>3</b> <b>11a</b> – SMART Recovery <b>1p</b> – Hand in Hand Family <b>3p</b> – <b>UP Resume /work help</b> <b>6p</b> – All Recovery <b>7p</b> – E 31st Upstate GA	<b>4</b> <b>10a</b> – Moms and Babies <b>2p</b> – All Recovery <b>5:30p</b> – Youth All Recovery <b>5:30p</b> – MA <b>5:45p</b> – SPAN (closed group) <b>7p</b> – AA (Message of Hope Women’s Group)	<b>5</b> <b>10a</b> – Shared Strength for Seniors <b>1p</b> – Invitation to Change <b>7p</b> – NA (End of the Road)	<b>6</b> <b>10a</b> – Coffee Connections
<b>7</b> <b>7p</b> – NA (Sunday Shenanigans)	<b>8</b> <b>3p - 5p</b> – Reiki ** <b>3:30p</b> – Recovery Writing <b>5:30p</b> – OA <b>6:30p</b> – Refuge Recovery	<b>9</b> <b>2p</b> – All Recovery <b>6p</b> – CoDA <b>6:30p</b> – <b>GRASP (closed)</b> <b>7p</b> – NA (Invitation to Live)	<b>10</b> <b>11a</b> – SMART Recovery <b>1p</b> – Hand in Hand Family <b>6p</b> – All Recovery <b>7p</b> – E 31st Upstate GA	<b>11</b> <b>10a</b> – Moms and Babies <b>2p</b> – All Recovery <b>5:30p</b> – Youth All Recovery <b>5:30p</b> – MA <b>7p</b> – AA (Message of Hope Women’s Group)	<b>12</b> <b>10a</b> – Shared Strength for Seniors <b>1p</b> – Invitation to Change <b>7p</b> – NA (End of the Road)	<b>13</b> <b>10a</b> – Coffee Connections <b>1p</b> – <b>Serenity Saturdays FISHING**</b> 
<b>14</b> <b>7p</b> – NA (Sunday Shenanigans)	<b>15</b> <b>3p - 5p</b> – Reiki ** <b>3:30p</b> – Recovery Writing <b>5:30p</b> – OA <b>6:30p</b> – Refuge Recovery <b>7p</b> – Caring and Sharing (NAMI)	<b>16</b> <b>2p</b> – All Recovery <b>4p</b> – <b>Wire Creation**</b> <b>6p</b> – CoDA <b>7p</b> – NA (Invitation to Live)	<b>17</b> <b>11a</b> – SMART Recovery <b>1p</b> – Hand in Hand Family <b>6p</b> – All Recovery <b>7p</b> – E 31st Upstate GA	<b>18</b> <b>10a</b> – Moms and Babies <b>2p</b> – All Recovery <b>5:30p</b> – Youth All Recovery <b>5:30p</b> – MA <b>5:45p</b> – SPAN (closed group) <b>7p</b> – AA (Message of Hope Women’s Group)	<b>19</b> <b>Juneteenth Center Closed</b> <b>7p</b> – NA (End of the Road)	<b>20</b> <b>10a</b> – Coffee Connections
<b>21</b> <b>7p</b> – NA (Sunday Shenanigans)	<b>22</b> <b>3p - 5p</b> – Reiki ** <b>3:30p</b> – Recovery Writing <b>5:30p</b> – OA <b>6:30p</b> – Refuge Recovery	<b>23</b> <b>2p</b> – All Recovery <b>6p</b> – CoDA <b>7p</b> – NA (Invitation to Live)	<b>24</b> <b>11a</b> – SMART Recovery <b>1p</b> – Hand in Hand Family <b>6p</b> – All Recovery <b>7p</b> – E 31st Upstate GA	<b>25</b> <b>10a</b> – Moms and Babies <b>2p</b> – All Recovery <b>5:30p</b> – Youth All Recovery <b>5:30p</b> – MA <b>7p</b> – AA (Message of Hope Women’s Group)	<b>26</b> <b>10a</b> – Shared Strength for Seniors <b>1p</b> – Invitation to Change <b>7p</b> – NA (End of the Road)	<b>27</b> <b>10a</b> – Coffee Connections <b>11a</b> – <b>Painting with Taylir and Andrea**</b> 
<b>28</b> <b>7p</b> – NA (Sunday Shenanigans)	<b>29</b> <b>3p - 5p</b> – Reiki ** <b>3:30p</b> – Recovery Writing <b>5:30p</b> – OA <b>6:30p</b> – Refuge Recovery	<b>30</b> <b>2p</b> – All Recovery <b>6p</b> – CoDA <b>7p</b> – NA (Invitation to Live)		<b>** MUST PRE-REG</b> <b>All Programs are FREE!</b> <b>ZOOM &amp; IN-PERSON, MEETING CODE ON BACK</b>	 <b>HEALING SPRINGS</b> <i>Recovery Community and Outreach Center</i> <small>A program of the Prevention Council of Saratoga County</small>	

**AA (Message of Hope Women’s Group): Alcoholics Anonymous** – Women’s AA Group. A fellowship of those who share their experience, strength and hope with each other. The only requirement for membership is a desire to stop drinking.

**All Recovery:** All Recovery Support Meetings are non–denominational & based on the philosophy that people from every type of addiction share commonalities and benefit from sharing together. **Mtg #: 919 4386 5037**

**Caring and Sharing (NAMI): National Association for Mental Illness** – This NAMI meeting is for all who have a loved one with mental illness. The main focus is on how to take care of yourselves while caring for your loved ones.

**CoDA: Co-dependents Anonymous** – CoDA is a 12–step program for people who share a common desire to develop functional and healthy relationships. **Mtg #: 981 5218 1273**

**Coffee Connection:** A weekly gathering of like–minded, recovery–focused coffee–drinkers who enjoy good conversation on a Saturday morning. This event is open to people in recovery, as well as family members seeking support.

**GRASP: Grief Recovery After Substance Passing** – this is a support group for those who have lost a loved one directly to substance use. Please call 518.306.3048 for information.

**Serenity Saturdays FISHING:** – Fishing ,Friends, Family & Food. Poles and bait will be included **\*\*Must preregister.**

**E 31st Upstate GA: Gamblers Anonymous** – Ever ask yourself if your betting or wagering has become a problem in your life? If so, this meeting could be for you. All are welcome.

**Hand in Hand Family Group:** An opportunity to begin an open conversation between those of us whose lives have been affected by a loved one’s use. Together, we can share our experience, learn to be a positive force of change, and continue to move towards our common goal of healing.

**MA: Marijuana Anonymous** – MA is a twelve–step program for people with common desire to maintain abstinence from marijuana.

**Moms and Babies:** Recovery group for moms with babies and the struggles of parenthood while trying to maintain your recovery.

**NA (Sunday Shenanigans, Invitation to Live, End of the Road): Narcotics Anonymous** – NA is a fellowship of men and women who have found a better way of life, free from addiction. Our fellowship is based on a twelve–step program of recovery–and if you wish to join us, all are welcome. This is an open meeting. **Mtg #: 798–350–491 Passcode: 719520**

**OA: Overeaters Anonymous** – Individuals looking to overcome unhealthy relationships with food or body image.

**Painting with Taylir and Andrea:** This will be a guided painting with clear instructions and a predictable outcome. All supplies provided. **\*\*Must Pre-Register.**

**Recovery Writing:** Make writing a part of your recovery tool box. Let’s ignite our creativity share ideas and support each other.

**Refuge Recovery:** Refuge Recovery is a non–religious, Buddhist–inspired path to freedom from addiction. This is an approach to recovery that understands: “All individuals have the power and potential to free themselves from the suffering that is caused by addiction.”

**Reiki:** Reiki, the Japanese art of healing. Each individual will receive a 20 minute session. **\*\*Must Pre-Register.**

**Shared Strength for Seniors:** If “American Bandstand” was your jam, this group is for you. An all recovery support group to bring together the groovy generation.

**SMART Recovery:** Self-Management And Recovery Training; building and maintaining the motivation to change, coping with urges to use. Managing your thoughts, feelings, and behaviors. Living a balanced and healthy lifestyle.

**The Invitation to Change:** A family workshop that offers an alternative approach to dealing with your loved ones’ addictions by inviting change, not demanding or forcing it.

**Up:** Northern Rivers /Unlimited Potential is offering help with resume writing and suggestions of how to increase your employment search skills. All are welcome

**Wire Creation:** Learn how to make your own wire creation. Bring your own or use what we have. Wire, stones , beads & tools provided.

**Youth All Recovery Meeting:** An Addiction Support group for Teens ages **14–17**. Build a peer support system that you can rely on to develop a sober lifestyle. **Mtg #: 980 3064 4355**  
Passcode: 719520

**FREE NARCAN TRAINING AVAILABLE! STOP IN DURING BUSINESS HOURS.**



**Center Hours:**  
Monday - Friday 9am - 8pm  
Saturday - 9am - 2pm  
Sunday - Closed  
(518) 306-3048

**Located at 125 High Rock Ave, Suite 105**  
**Saratoga Springs, N.Y 12866**  
**Entrance under blue awning.**

**One-on-one peer and family support available all weekdays via phone, virtually (via Zoom) or In-person appointments.**