

- ◆ **Parenting Awareness:**

Provides information and skills to assist parents in supporting their children through the developmental years.

- ◆ **21st Century Learning:** Assists parents in staying current regarding innovations in teaching and learning, along with navigating the challenges associated with living in an age of technology.

Send us a text to be added to our remind list



- ◆ **Health and Wellness:**

Emphasizes the importance of living a healthy life with a focus on physical, nutritional and mental health.

- ◆ **Personal Growth and Development:** Focuses on topics related to personal and professional growth for adults so they can act as effective advocates for their children.



Parent University offers opportunities for parents and caregivers to continue their learning. Parent University events and presentations are facilitated by community professionals, school district staff and parents. Parents and caregivers are welcome at all courses, regardless of the schools their children attend.



Parent University

2015 – 2016

“Healthy Relationships”

Dates and Topics

(all programs start at 6:30pm)

October 14, 2015:

Respectful Interactions

Location: Tanglewood Elementary
School

November 4, 2015:

Digital Relationships

Location: Oliver W. Winch Middle
School

January 20, 2016:

Healthy Living Choices for
Healthy Relationships

Location: Harrison Ave. Elementary
School

March 9, 2016:

Parent/Teenager
Relationships – Maintaining a
Healthy Balance

Location: South Glens Falls High School

Why should I attend an event?

Parenting and educating our students is one of life's most important and demanding pursuits. The school community plays a vital role in shaping our children's lives and helping them to become successful.

No matter what role you play in the school community, Parent University encourages involvement and participation in the education of our community's students.

Our Vision:
A substance abuse-free community in which all individuals are involved in prevention and education.



Our Mission:
CCFW is an organization of caring community members working proactively to reduce youth substance use and risky behavior, while providing families with resources, education, and activities that promote safety, health and wellness.



Parent University is a community collaboration involving the South Glens Falls School District and many community organizations who are members of the Community Coalition for Family Wellness

Recognizing that behind each successful student are supportive families, teachers and community members who actively participate in a student's education, Parent University offers opportunities for lifelong learning.