

Prevention Works.
Recovery Happens.

Together, we are making Saratoga County a healthy community!



MESSAGE FROM THE EXECUTIVE DIRECTOR

Dear Friends,

As we adapted to a second year of COVID related protocols and procedures we were reminded of the power of human connection. For years we had brought educators to the classroom, our resources to community events and embraced individuals and families at our Healing Springs Recovery Center. In March 2020 things changed.

By 2021 we found small joys and innovation. While our faces were often covered, and we reached out through a monitor, connections were made and sustained. As I looked over the images and updates in this 2021 Annual Report I am immensely heartened by the breadth of services and creativity our staff brought to their programs.

We actually grew our peer services at Healing Springs Recovery Center from one peer professional in January 2021, to a total of 4 full-time peers supported by several inter-agency grants. Our peers and the Family Support Navigator worked in concert to support families and their loved one as they sought services. Our on-line programs enabled people in communities from remote areas of the county, and beyond, to participate in our recovery community.

We expanded our Student Assistance Program to work with students in the Galway Central School District. Our lessons on social and emotional health are vital at this time, and our educators bring the Too Good For Drugs curriculum to more districts than ever before.

The greater Saratoga region is blessed with numerous agencies dedicated to empowering individuals and families in securing mental health and addiction related services. Our work could not be done without those partnerships.

We are indeed all in this together,

Janine Stuchin
Executive Director

OUR MISSION

Our mission is to provide education, information and referral services on the subjects of alcohol, tobacco, other drugs and violence prevention to individuals and local communities, thereby enhancing the quality of life for all citizens by diminishing the adverse effects of substance use and violence.

2021 ACCOMPLISHMENTS

By the Numbers

Over 3,400 STUDENTS IN 10 DISTRICTS

ACROSS SARATOGA COUNTY received alcohol and other drug prevention programs led by Council educators. • DWI Victim Impact Panel programs

reached **400 COURT MANDATED DWI/DWAI OFFENDERS** in collaboration in Saratoga County. • **600 HIGH SCHOOL STUDENTS** attended our Virtual Annual Safe Spring Student conference as part of our Stop DWI Program. • Student Assistance Counselors met with **OVER 220 STUDENTS** seeking mental health support services during the school year. • **OVER 1,000 DETERRA DRUG DISPOSAL BAGS** distributed to households across Saratoga County. • Promoted **4 DEA DRUG TAKE-BACK DAYS** held in Saratoga County with **OVER 1,000 LBS OF UNWANTED/UNUSED MEDICATIONS** collected! • Worked with Town/Village of Corinth to have **A PERMANENT DRUG-DROP BOX** installed at Jessup's Landing EMS in Corinth. • YOU(th) Decide - Virtual presentations on Underage Gambling Prevention reached **NEARLY 650 STUDENTS AT 7 SCHOOL DISTRICTS** in Saratoga County. • Members and guests attended **OVER 37 ADDICTION-RECOVERY GROUPS AND SOBER SOCIAL EVENTS** at Healing Springs Recovery Center. • **490 FAMILIES WERE ASSISTED BY OUR FAMILY SUPPORT NAVIGATORS** in supporting their loved one from active addiction to recovery. • **NEARLY 750 INDIVIDUALS UTILIZED OUR CERTIFIED RECOVERY PEER ADVOCATE (CRPA)** services to either begin, or further, their recovery from addiction. • Our CRPA, imbedded at Saratoga County Jail, **ENGAGED WITH 190 NEW INMATES TO DISCUSS THEIR RECOVERY WITH 43 INDIVIDUALS** transferring to a treatment center in place of incarceration. Another **327 INDIVIDUALS RECEIVED REFERRALS** to addiction related services post-incarceration. • Recovery Advocacy In Saratoga (RAIS) led the annual Overdose Awareness Vigil in late August in Congress Park with **NEARLY 100 INDIVIDUALS, CLERGY AND COMMUNITY LEADERS** participating. • Overdose Awareness Day was held on August 31st with our community partners. **11 NARCAN TRAINING SITES** were held across Saratoga County resulting in **NEARLY 200 NARCAN KITS** distributed. • In October, the 4th Annual Dan Provost Memorial Walk was held at Gavin Park with **OVER 125 FRIENDS AND FAMILY OF THE PROVOSTS**. Education, outreach and fundraising! • **23 VOLUNTEERS PROVIDED 2,430 HOURS OF SERVICE** at Healing Springs Recovery Center. • Throughout the year, **OVER 800 NARCAN TRAININGS** were held and **892 NARCAN KITS** were distributed. • Our Street Outreach CRPA assisted **56 HOMELESS INDIVIDUALS** in connecting with addiction treatment services. • Beginning in July, our Community Outreach CRPA focused in the Corinth and South Glens Falls communities working with **165 PEOPLE IN EARLY RECOVERY**. Another **600 PEOPLE** were reached through community programs and events. • Also in July, our services expanded to include a Center CRPA who worked with **108 INDIVIDUALS** through calls and walk-in meetings with people in early recovery from addiction.

Prevention Works.



My child was virtual for **Too Good for Drugs** lessons this year so I was able to see the program. It is **fantastic**.
— 5th grade parent



THE FIRST CHOICE & A SECOND CHANCE

AN INSPIRING STORY OF A YOUNG MAN'S BATTLE WITH ADDICTION AND JOURNEY TO RECOVERY

[CLICK HERE TO REGISTER](#)



DATE:
THURSDAY
APRIL 22
TIME:
9:00AM
10:30AM

STOP DWI



With all the **changes** our kids have had being able to have **prevention programming** has been **terrific** for the kids. They **look forward** to the lesson each week. — 3rd grade teacher



I **reinforce** all the skills you teach the children throughout the school year

— 2nd grade teacher





The CCFW is doing a lot of **amazing** things for our community. Thank you for the ways that you are **helping** to make this community be an amazing place.”

-Justin Fischer, Family Life Pastor, Pine Knolls Alliance Church



21
All of the skills being taught in Too Good for Drugs lessons are **great life time skills**. – 5th grade parent



I really thought vaping was OK until I **learned the truth** from you.
-5th grade student



Bulldog Zone (CCFW) is such a great idea! Thank you for providing a **great place** for our teen to go. She **loves** going every week.
- Parent

I just want to thank you for including me in the **CCFW Trunk or Treating event**. It was **great** to see so many people from the community all in one place!
- Ashley Wilbur





Healing Springs Recovery Center

We began 2021 with peer services provided at the Saratoga County jail and ended 2021 with three more full-time staff working with vulnerable populations among the homeless, rural underserved areas and on-call days/evenings at our Healing Springs Recovery Center.

People joined us remotely, and in-person, for Recovery Dharma, CODA, Coffee with Megan, Recovery Writing, Tai Chi, Refuge Recovery, Power Hour and ongoing AA/NA/NarAnon meetings.



OVER 11,000 VISITS to Healing Springs Recovery Center from individuals seeking support and resources.



I had an **amazing** experience with Healing Springs. Alex was simply **terrific – professional, compassionate, informative and inspiring**. I am so **grateful** for this resource and I know so many people who feel the same.

I **loved** interning at Healing Springs because the atmosphere was **amazing!!** The staff are such **warm, wonderful and caring** people; this shines through in every interaction they have, whether with clients, each other or the greater community.



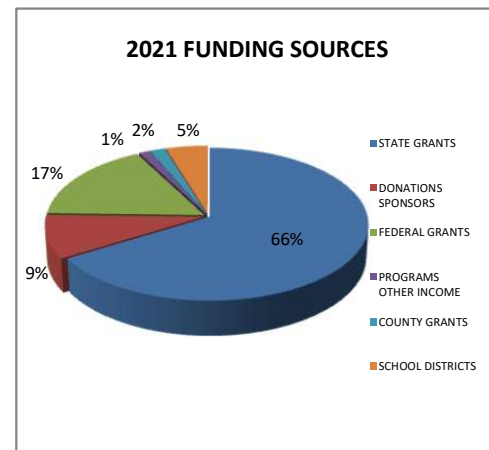
Thank you for all you did for my son while he was incarcerated at the jail. He has definitely come a long way and continues to take life day by day with a **better and healthier** outlook and you had a part in his recovery and I will always be **thankful** that you were there to assist him.

Thank you so much for a very **successful** first family meeting. We were so **happy** that a peer could join our meeting as well. As a family, we've remarked several times how good we felt. All thanks to you for initiating the dialog, we're happy our son is able to speak about such things in front of his parents. He's come a long way. **Truly – you are amazing!**



2021 FINANCIALS

STATE GRANTS	1,032,052.00
DONATIONS/SPONSORS	142,918.06
FEDERAL GRANTS	262,729.40
PROGRAMS OTHER INCOME	19,021.70
COUNTY GRANTS	27,795.76
SCHOOL DISTRICTS	73,333.00
	1,557,849.92



2021 DONORS

We are incredibly grateful to the many donors and program sponsors whose gifts enable us to innovate and sustain programs across Saratoga County. Many families have shared with us in their darkest moments of grief and we are honored to be a part of their family's remembrance.

We've made every effort to ensure all of our donors are acknowledged in this report. Please let us know if we've made an error. We appreciate your support and understanding.

\$10,000 +

Dan Provost Annual Memorial Walk –
Provost Friends and Family

\$3,000 +

Shelby Countermine Memorial Ride –
Friends and Family
Stewarts Foundation

\$2,000 +

Thomas Lange
Light Rain Foundation
Renegade Pigs Motorcycle Club -
Saratoga Chapter
Vahanian Financial Services

\$1,000 +

Ballston Spa National Bank
Carolyn LaFreniere – Friends and
Family Donations
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Anonymous

\$500 +

Anonymous
Charity Motor Club
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Lindsey Connors – Friends and Family FB
Miriam and Jim Doern
Monica & William Duffy

Andrew Pleat
Jeannine Trehwella
Bradley & Kathryn Walbridge
WGY Christmas Wish

\$300 +

Bartlett, Pontiff, Stewart & Rhodes, LLP
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Kimberly Goodwin
Miriam Phillips

\$250 +

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New Choices Recovery Center
Saratoga National Bank

\$100 +

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We couldn't have done it without you!



The PREVENTION COUNCIL
Helping youth navigate life's challenges

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A wonderful autumn tradition, the Shelby Countermine Memorial Ride. We gather to ride, remember and reach out!



L to R, Assemblywoman Woerner and Maureen Provost at the Annual Dan Provost Memorial Walk. A strong recovery ally, Assemblywoman Woerner has secured state grants to strengthen our family support services.



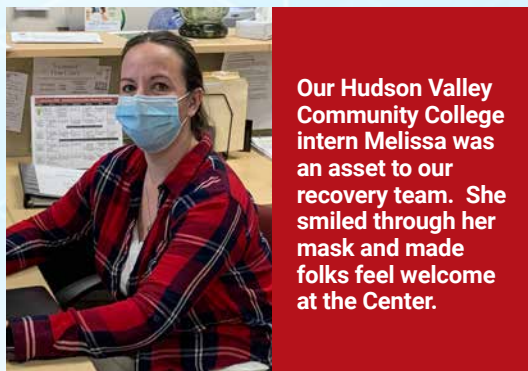
The Provost Family continues to inspire us. We dedicated our Library as the Dan Provost Memorial Library. What an honor to work with them and their generous family and friends.



We are thankful to our recovery warrior Carolyn LaFreniere, and her outreach to friends and family.



So grateful for the Renegade Pigs Saratoga Chapter's commitment to support anti-bullying outreach.



Our Hudson Valley Community College intern Melissa was an asset to our recovery team. She smiled through her mask and made folks feel welcome at the Center.

ADMINISTRATIVE OFFICE
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Saratoga Springs, NY 12866
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Visit us at preventioncouncil.org to learn more!

HEALING SPRINGS RECOVERY & OUTREACH CENTER
125 High Rock Avenue
Saratoga Springs, NY 12866
(Rear Parking Lot, Blue Awning)

@PrevCouncil

The Prevention Council of Saratoga County